

When Grief is “Complicated:”

*A Model to Understand, Identify, and
Companion Grievors*

This advanced level workshop will help members of the caregiving community explore the critically important topic of “complicated” grief.

Dr. Alan Wolfelt will present his model for understanding, identifying, and companioning grievors lost in the wilderness of grief.

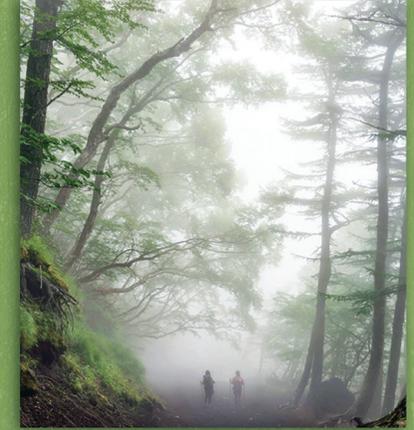
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11150 E Dartmouth Ave.
Denver, CO 80014

Heartlight
Center
A gathering place for grief support, education and comfort

WHEN Grief IS Complicated

A MODEL FOR THERAPISTS TO UNDERSTAND,
IDENTIFY, AND COMPANION GRIEVORS LOST IN
THE WILDERNESS OF COMPLICATED GRIEF



ALAN D. WOLFELT, PH.D., C.T.

*Join us for
an informative workshop
with
Dr. Alan Wolfelt*

A program for professional caregivers

**Monday, September 17, 2018
from 1-4 p.m.**

CONTENT

After a significant loss, grief is normal and necessary. But sometimes a mourner's grief becomes naturally heightened, stuck, or made more complex by especially difficult circumstances surrounding the death or complications surrounding the nature of the relationship.

The workshop content will include exploring the origins of complicated grief, risk factors, common symptoms, sub-categories of complicated grief (unembarked, impasse, off-trail, and encamped), and provide specific guidance on caring for complicated grievers. Come join us and learn about this important body of knowledge from one of North America's leading clinical thanatologists.

WHO SHOULD ATTEND

This informative workshop will help anyone who wants to learn more about complicated grief. Counselors, psychologists, social workers, hospice personnel, chaplains, nurses, and other interested caregivers who desire to help people with complicated grief are encouraged to attend. Regardless of your specific job title or life role, you can and will benefit from this learning experience.

OBJECTIVES

Upon completion of this workshop the participant will be able to:

- Discuss the modern history of complicated grief
- Identify complicated grief influences and risk factors
- Describe symptoms and sub-categories of complicated grief
- Explain the use of a companioning model for complicated grief
- Facilitate the griever's work on six needs of mourning

AGENDA

Among the content areas explored in this workshop are:

- Introduction: the wilderness of complicated grief
- Understanding the origins of complicated grief
- Complicated grief influences and risk factors
- Identifying complicated grief: symptoms and sub-categories
- Companioning principles for complicated grief
- Facilitating active engagement with six needs of mourning

FREE PROGRAM but must RSVP to attend.



ABOUT THE PRESENTER

Dr. Alan D. Wolfelt is a noted author, educator, and grief counselor. Recipient of the Association for Death Education and Counseling's Death Educator Award, he serves as the Director of the Center for Loss and Life Transition (www.centerforloss.com), in Fort Collins, Colorado. He is also a faculty member of the University of Colorado Medical School's Department of Family Medicine.

In addition to presenting dozens of keynotes and workshops across North America each year, Dr. Wolfelt facilitates training seminars for bereavement caregivers in Fort Collins, CO and Scottsdale, AZ. Dr. Wolfelt is a popular media resource who regularly provides his expertise to many top-tier television shows, newspapers, and magazines.

He is the author of more than fifty bestselling books on grief and loss, including:

- *When Grief is Complicated: A Model for Therapists to Understand, Identify, and Companion Grievers Lost in the Wilderness of Grief*
- *Companioning the Bereaved: A Soulful Guide for Caregivers*
- *Understanding Your Grief; Grief One Day at a Time*
- *The Journey Through Grief*
- *Healing a Spouse's Grieving Heart*
- *Companioning the Grieving Child*
- *Healing a Parent's Grieving Heart*
- *Creating Meaningful Funeral Ceremonies*

Dr. Wolfelt and his wife Sue, a family physician, are parents to three children. They live in the foothills of the beautiful Rocky Mountains next door to the Center for Loss and Life Transition.

RSVP: 303.745.1771 Option 3
info@heartlightcenter.org

Date: Monday, September 17, 2018

Time: 1-4 PM

Where: Horan & McConaty
5303 E. County Line Rd. at Holly Street
Centennial, CO 80122

presented by

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